

# SABBATH SCHOOL

## Preteen Sabbath Instruction Program — Teacher's Outline

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Level 5 • Unit 7 • Week 3

### JESUS CHOOSES THE 12 DISCIPLES

**OBJECTIVE:**

To learn a little bit about the 12 original disciples that Jesus chose and how we can be disciples today.

**ATTENTION GETTER:**

Say: Before Jesus chose the 12 men who would be His original apostles, He prayed all night to the Father. But where did the disciples come from and who were they before Jesus called them? Let's take a closer look.

Do: Have the students be detectives and find the verses in the books and chapters listed below that will answer the following questions.

- A. Who was Andrew's brother? (Matthew 4)
- B. Which brothers were called the "Sons of Thunder"? (Mark 3)
- C. Which disciple was found in a tax office because he was a tax collector? (Matthew 9)
- D. Which one was a thief and betrayed Jesus? (John 12)
- E. Which one was called a Stone? (John 1)

Answers: A. Simon Peter (Matthew 4:18).  
B. James and John (Mark 3:17).  
C. Matthew (Matthew 9:9).  
D. Judas Iscariot (John 12:4-6).  
E. Simon Peter (John 1:42).

**BIBLE LESSON:**

Say: When Jesus Christ walked the face of the earth, one of the tasks that His Father in heaven

wanted Him to do was to choose 12 disciples.

Ask: Do you know what the word “disciple” means?

Say: The word “disciple” means student. You all know what students are. When you go to school, you are the students and your teacher teaches you. But did you realize that your teachers had to go to college) and get special training in order to learn how to teach you?

Jesus taught His 12 disciples in a special way. They were specifically selected and trained disciples so they, in turn, could go out and teach others.

Let’s look at Matthew 28:19-20 and see what the disciples were to teach.

Explain: The disciples learned from the words and the example of Jesus Christ and they, in turn, went out as apostles (which means one sent), to teach these great truths to others.

Ask: What plan does God have for the 12 apostles in the future? Let’s read Luke 22:30.

Explain: It is no coincidence that there were 12 apostles as well as 12 tribes of Israel. Jesus was preparing them throughout there lives so that in the world tomorrow one apostle will be assigned to each of the tribes of Israel.

Say: God also has planned for us to be students (disciples) as well. In Revelation 5:10, we are told that God plans for us to be kings and priests. A priest is one who teaches God’s way of life to others. So God is using the Bible, Sabbath services and other methods to teach us how to live His way now, so we can teach this way to many people in the world tomorrow.

### **LESSON APPLICATION:**

Play “Who Am I?”

Directions: Have the students listen to the clues to try to guess which apostle they are describing. The object is to try to guess the apostle in the fewest clues possible.

- My brother and I both are disciples.
- I lived in the region of Galilee.
- I made my living as a fisherman.
- The title that Jesus gave me means “stone.”
- Who am I? (Peter)
  
- I once invited Jesus to my home for a dinner with tax collectors and others considered to be sinners.
- I was a tax collector until I was made a disciple.
- I had another name, which was Levi.
- I wrote the first book of the New Testament.
- Who am I? (Matthew)

- My brother was also a disciple.
  - I was one of the “Sons of Thunder.”
  - I was called “the disciple whom Jesus loved.”
  - I wrote five books of the New Testament, including the book of Revelation and the fourth gospel.
  - Who am I? (John)
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- My name means “the twin.”
  - When Jesus went to raise Lazarus from the dead, I thought we would go to die with Him (John 11).
  - I said I would not believe that Christ had risen unless I saw the nail prints in His hands.
  - My name starts with the letter “T.”
  - Who am I? (Thomas)
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- My brother was also a disciple.
  - I was also one of the “Sons of Thunder.”
  - I was a fisherman.
  - My name starts with the letter “J.”
  - Who am I? (James)

**MUSIC:**

Teacher’s choice from the United Church of God hymnal or sing the following song to learn the names of the disciples.

There were 12 disciples, Jesus called to help Him:  
 Simon Peter, Andrew, James and brother John,  
 Philip, Thomas, Matthew, James the son of Alphaeus,  
 Thaddaeus, Simon, Judas and Bartholomew.

**MEMORY VERSE:**

Luke 22:30 “That you may eat and drink at My table in My kingdom, and sit on thrones judging the twelve tribes of Israel.”

# *family activity*

## **THE POINT:**

To learn a little bit about the 12 original disciples that Jesus chose and how we can be disciples today.

## **ASK ME...**

- What does “disciple” mean?
- What does “apostle” mean?

## **FAMILY TOGETHER TIME:**

Jesus taught His disciples through stories or parables. Read a couple of parables that Jesus told. Discuss what Jesus wanted us to learn from the parable. Consider playing charades—silently acting out a parable and letting other family members try to guess the parable.

Discuss one of the lessons from the Sermon on the Mount (Matthew 5, 6 and 7).

Watch a movie together. Discuss the events of the movie. What things are done that agree with Christ’s teachings? Which things do not agree with His teachings?

## **MEMORY VERSE:**

Luke 22:30 “That you may eat and drink at My table in My kingdom, and sit on thrones judging the twelve tribes of Israel.”