

SABBATH SCHOOL

Preteen Sabbath Instruction Program — Teacher's Outline

Level 4 • Unit 9 • Week 1

FAITH

OBJECTIVE:

To learn what the Holy Spirit is and what fruit it produces and to tell a story of faith—the story of Hannah.

ATTENTION GETTER:

Say: Suppose someone told you that they were sending you a very special gift. This gift would be a great help to you in your life. Wouldn't that be exciting? Think about this for a moment.

Ask: What do you think this gift might be? You know it is very special—but what could it be?

BIBLE LESSON:

Say: Many years ago when Jesus knew He would be put to death, He told those who were His followers that He would send them a Comforter. This was a very special gift from God which would help them greatly since Jesus would no longer be there with them.

Ask: Do you know what this Comforter was?

Say: Jesus was speaking of God's Holy Spirit. He knew that this Holy Spirit would comfort them when they were sad, help them when they needed help and remind them of God's way of life and how to live the way God wanted them to live.

It is not easy for anyone to always do what is right. Jesus knew that if we had God's Holy Spirit, it would help us do what we know is pleasing to God. There was one thing that Jesus did not tell them. The Holy Spirit cannot be seen.

Ask: What must we do to get this gift of the Holy Spirit?

- Say: When we are older, we must repent of our sins, accept Jesus' sacrifice, believe God's gospel message and be baptized. However, God will help us with His Spirit even now while we are waiting to be old enough to be baptized.
- Ask: After we are given this wonderful gift, what happens to us? Are we different? Do we look different? Do we act differently?
- Say: His Spirit helps us become better people. Thus, the character we develop is sometimes called the fruit of the Holy Spirit.
- Ask: Do you know what some of the fruits of the Holy Spirit are? What are some character traits God would like us to have?
- Say: These are the fruit of the Holy Spirit: Love, joy, peace, longsuffering (which is patience), kindness, goodness, faithfulness, gentleness and self-control. It's easy to see how these things can help us become better people. If you are joyful and loving, you will make others around you much happier.
- Ask: What about peace?
- Say: Think of all the people in this world who are fighting wars even as we are sitting here today. Peace can make the life of every person in this world so much better. Peace also helps you get along with your family, friends and neighbors better.
- Ask: What about goodness, kindness and gentleness? Do you try to be good and kind and gentle with everyone you come into contact with each day? What about your parents? Do you treat them this way?
- Say: Self-control is probably one of the hardest of the fruits for most people to practice. This means keeping your temper, not speaking harshly to others, not over eating or over drinking.
- Ask: What about the fruit of faithfulness? How important is it?
- Say: Today we are going to learn about a woman in the Bible whose name was Hannah and how important faith was in her life.
- Ask: Can you tell me what faith is?
- Say: Faith is believing in someone or something we cannot see. We believe in God and Jesus even though we can't see them. This is faith.

Hannah was a good woman, but she was very unhappy. She wanted to have children but she had none. Some of the other women who had children made hurtful remarks to Hannah because she did not have a child. Hannah was so hurt that she became very unhappy. She would pray strong prayers to God asking why she couldn't have a child.

One day Hannah changed the way she prayed. She made a vow—a promise—to God. If God gave her a son, she would give her child to do God’s work all the days of his life.

Ask: Do you think God answered Hannah’s prayer?

Say: Yes, God did answer her prayer. Hannah had a son whom she named Samuel. She kept Samuel with her until he was old enough, then she took him to the temple and let him stay there to serve God.

Hannah was faithful to God and to the promise she gave Him. Samuel grew to become a great prophet of God and was always faithful to God. God was so pleased with Hannah that He gave her and her husband three more sons and two daughters.

Ask: Do you think that being faithful to God will bring us blessings?

Say: Using the gift of God’s Holy Spirit in our daily lives can bring us great blessings and much happiness. What a wonderful gift it is!

LESSON APPLICATION:

Help George and Marge find the nine fruits of the Holy Spirit. (See the activity at the end of the lesson.)

MEMORY VERSE:

Galatians 5:22-23 “But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.”

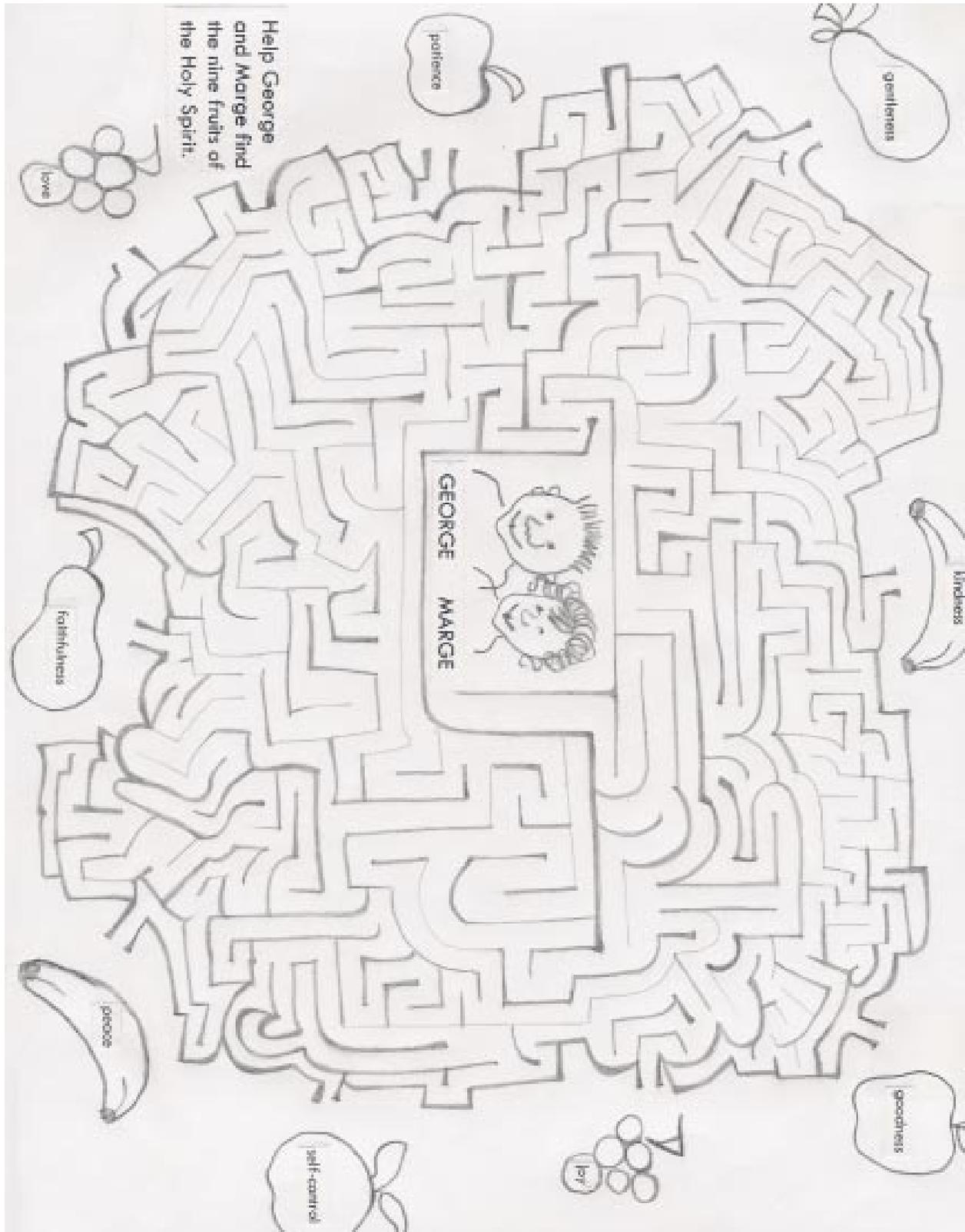
MUSIC:

Sing the following to the tune of “You Are My Sunshine.”

We have God’s Spirit, if we obey Him.
It helps us be happy throughout our days.
And all it takes is to put away sin.
And follow God and all His ways.

Love and joy are two gifts of God’s Spirit.
We share them daily with our friends.
And living God’s way shows God we trust Him
And brings us blessings in the end.

Help George and Marge find the fruits of the Holy Spirit.



family activity

THE POINT:

To review the fruits of the Holy Spirit, discover what the Holy Spirit is and what the fruit of it is and to tell a story of faith—the story of Hannah.

ASK ME...

- What is the Comforter that Jesus promised His followers?
- When we're old enough, what must we do to receive the Holy Spirit?
- What fruit of the Holy Spirit did Hannah show?

FAMILY TOGETHER TIME:

Take the children to visit the elderly—perhaps in a nursing home. After this, discuss what fruits of God's Spirit helped bring joy to these elderly. Then, to show how we are blessed by doing good, take them to get a treat. Talk about how there are blessings from doing well.

MEMORY VERSE:

Galatians 5:22-23 "But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law."